

**INOVENA**  
**yokuthandazela**  
**uMAMA**  
**uBERNARDA HEIMGARTNER**

ongumkhonzazana ka Thizo,  
ongumqambi nomqali womhlangano  
wmakhosikazi oMnqamleo o Ngcwele



Imifanekiso yobom buka  
mamaBernarda, eshicelelwé kwiifestile  
zendlwana apho allele khona.

## INOVENA KA MOTHER BERNARDA HEIMGARTNER

### **Intshayebole**

Kunye nesicatshulwa esibongoza ukuba uMother Bernarda athethelele, le Novena inqwenela ukubonisa ukulunga komkhonzi kaThixo, ngokwenza njalo ibambelela kumazwi abhalwe nguPapa Pius XXII kwitheko leminyaka elikhulu leZiko laseMenzingen, amagama awathi wenzela uMother Bernarda ubukhulu bokomoya. Ubonelelo lukaThixo lumiselwe ukuba umseki wakho kunye noMama wokuqala uBernarda Heimgartner, LOTHIXO uzalise, umfazi ozinikeleyo kwaye olumkileyo, lo mfazi ukhaliphileyo nomonde, kunye noluntu olukhulayo, kufuneka abekwe ngendlela ekhethekileyo phantsi komqondiso osindisayo intlawulelo. Lo mfanekiso kaMother Bernarda uhamba nabo benza le Novena ilandelayo ngeentsuku ezsithoba zomthandazo wokuthandazela uMkhonzi kaThixo d. Mhlawumbi ngoku kwaye emva koko inokuba ngumzekelo wendlela yethu yokuphila.



## Usuku Lokujala

uMother Bernarda waba yintombi yokuqala ukujoyina Fr Theodosius Florentini OFMCap apho athe wamcendisa ukuphumelelisa imbono yakhe. Emncinci enjalo wabonakalisa ukuzibandakanya neminqweno yakhe yokwakha umhlangano woonongendi abangabafundis-ntsapho kwizikolo zamabanga aphantsi. Wayenza lento ngexesha iiconvent ezikufutshane zazicinezelwa ngumbuso onganabuntu.

Nqu iiconvent yaseMaria Kronung apho wayeqeqeshwe khona yayingasidanga. Zange atyhafe nagethuba uFada Theodosius ebhaca ebaleka iintshutshiso zikarhulumente. uFada Theodosius wathi wamzamela ukuba aye kwiziko lamaUrsuline eFreisburg waza ethubeni way kwisikolo sooSister be Divine Providence eFrance ukuya kuqhube ka ngoqequesho lwakhe. Zange avume ukuya kwi Convent evalelekileyo yosista bama Ursuline eLucerne. Wayekuthanda ukusebenzela umphakathi. Waye kwakholwa ukuba iphupha lakhe lakuze lizaliseke.

Enyanisweni kwathi kwenzeka njalo ngo 1844 kwasungulwa iziko loo Nongendi abangabefundisi-ntsapho eMenzingen. UMother Bernarda wathi wasikhokela ngobugorha nokhalipho eli ziko ngamaxesha anzima. Kwakubakho amaxesha ekuba nzima ukugcina iinjongo zama Franciscan ezingumgaqo-siseko. Imbangi yezi ngxaki yayiku-kungadibani ngenjongo zikaFada Theodosius nezika Abbot Birker owayefuna ukuguqula oosista babe ngama Oblate. Ngokuzigcina nyulu ethembekile nangokuzinikela kwakhe

wathi waqinisekisa ukuba buyagcinwa ubunjani nobuni belo ziko wazs uPapa uPius XII wambeka njengoMsekikazi.

### **Umthandazo**

Bawo osezulwini, siyakubulela ngemisebenzi yakho yenceba kubom kuka Mother Bernarda. Ngaye ndikela kuwe ingxaki zam ndikucela undiphe Amandla okuqhubeka ngomsebenzi ondinike wona ngomoya wokukhalipha kukaKristu. Uдумiso malube kuYise, nakuNyana nakuMoya oyiNgcwele. Njengokuba kunjalo kwasekuqaleni, kuya kubanjalo kude kube ngunaphakade. Amen.

### **Usuku Lesibini**

uMada Bernarda – umada wokuqala wosapho loo sista. “Oosista bemanyene ngothando lwenene babanelisekile bonwabile. Babesazi ukuba nanomama obathandayo obakhathaleleyo.” Ezo zinkumbulo ezathi zabhalwa nguSister Felizita ngoMada Bernarda. Weyemkhumbula ngokuzilibala yena acinge ngabanye, ebacebisa kwizinto ezinkulu nezincinci kwaye ebanika inkxaso. Weyebakhathalele xa begula abanike amayeza emixube. Wayesikhathaza ngento abayityayo nangendawo yokuhlala kwabo. Xa bephume baya kwizikolo ezingaphandle wayeluhoyle unxibilelwano nabafundi neziphathamandla. Wayedabelana nabo ngezidingo zobumonya nezenyama noosista abephantsi kolawulo lwakhe ngothando lobumama, kwaye esazi ukuxolela abo babuthakathaka.

## **Umthandazo**

Bawo wethu ovezulwini, ndiyakubulela ngomsebenzi wakho wofefe kubomi buka Mada Bernarda. Ndenza Bawo ukuba ndikwazi ukungazicingeli mna ndicingele abanye. Ngokuthethelelwa nguMada Bernarda ndinikela kuwe izicelo endithandazelayo ngoku ndithandazela nezaqm izidingo. Uduviso malube kuYise, nonyana noMoya Ongcwele. Njengoko kunjalo ekuqaleni kuya kuhlala kunjalo ngnaphakadem Amen.

## **Usuku Lwesithathu**

uMother Bernarda inkosazana enobuThixo owona mxholo kwiumfundiso zika Mother Bernarda ngomthandazo yingcinga yokuhlala kuThixo ngokholo. Kwiincwadi abezibhalela oosita bakhe ubesoloko ewafaka amazwi athi: “wanga uYesu angahlala ezintliziyweni zethu”. Ubesoloko ebaxelela ukuba usoloko ekufutshane kuthi naxa thinsa sesingayiboni lonto. Uyasijonga evavanya ukuthembeka kokholo lwethu. Kufuneka ukholwe ukuba ufihlakele kubunzulu bentliziyi zethu ekulungele ukusinceda xa sidinga uncedo. Kwincwadi awayibhalela uSister Buochs sifunda la mazwi. “ndingathanda ukwazi ukuba ukuqwalasele ubukho kukaThixo buyaqatshelwa kuba ukuzijonga ngaphakathi kubalulekile ekukhuliseleni kwethu ukholo nokugqibeleta.

## **Umthandazo**

Bawo osezulwini, ndiyakubulela ngomsebenzi wofefe lwakho kubomi kukaMother Bernarda. Ndiyakucela ukuba

ngokuthethelelwa nguye undiphe ukholo olomeleleyo kubukho bakho kum nakubo bonke abakholwayo. Ndicela undiphe isicelo sam. Uдумисо malube kuYise, nakunyana nakuMoyo ongcwele. Amen.

## **Usuku Lwesine**

uMother Bernarda wayengumama othandazayo wabhala watsho uSista Felizitas kwincwadi yakhe yeenkumbulo. Le nto iphawulwa ngabo bathe bazifunda iinkumbulo zakhe. Ewe yena akafane atherhe ngobomi bakhe bokuthandaza kodwa kuyabonakala kwindlela awonwaba ngayo xa ebhala ukuba ngenene wayenzulile kukholo lwakhe. Kwincwadi yakhe yange 8 March 1852 wakhuthaza oosista abasebatsha nabo bangabafundi “ Thandani ukuthandaza thandazani nanini na xa nikwazi. Cela, ulindelel konke kuThixo. Ayikho incwadi yakhe uMother Bernarda apho angaceli kuthandazelwa/ kuthandaza acelele yena nabanye.

## **Umthandazo**

Bawo osezulwini, ndiyakubulela ngomsebenzi wakho wenceba kubom bukaMother Bernarda. Ngokuneswa nguye, ndicela undiphe indzondelelo ndingayeki ukuthandanza imihla yoke undincede Bawo kwizicelo zam. Uдумисо malube kuYise, nakuNyana nakuMoya ongcwele. Amen.

## **Usuku Lwesihlanu**

UMother Bernarda ngumfazi olumkileyo. Ukusuka kuninzi lwelela zikaMother Bernarda umntu ubona ukuzinikezela kwakhe okungagungqiyi kwinjongo yobomi bobuKrestu, ngenxa yoko bekufanelekile ngelixa uthwele ngomonde izilingo zobu bomi bufutshane basemhlabeni. Yiyo ke loo nto akhuthaza udade: "Yonwaba nangona oku kusoloko kubhekiswa kubomi bexesha elizayo, isikhokelo sika-Mother Bernarda sommandla wakhe sasiyinyani. Wayeyazi ukuba uqequesho olunzulu lwezenkolo kunye nobungcali lwaluyimfuneko kakhulu kudade ofundisayo kwaye wayexhalabele kakhulu koku. Wayesazi kananjalo, ukuba kubomi bokomoya yonke into ifuna ixesha kwaye wabala ngemida yendalo yomntu

## **Umthandazo**

Bawo waseZulwini, ndiyabulela ngomsebenzi wobabalo lwakho ebomini bukaMother Bernarda. Ndithandaza ngokucela kwakhe isipho sobulumko kuzo zonke iziggibo zam nangoncedo lwenjongo yam yangoku. Udimiso malube kuYise, nakunyana nakuMoya ongcwele. Amen

## **Usuku Iwesithandathu**

UMother Bernarda igorha nelithwala umnqamlezo Ingcebiso kunye nenkuthazo ekubandezelekeni uMama Bernarda wanika oodade bakhe yena kuqala awakhe waphila. Kwaye ke kumava akhe uyakwazi ukubakhuthaza

oodade wabo: Musani ukudinwa intliziyo, kunoko yiba nesisa ekuthembeleni kuThixo 'othobekileyo nomonde ekubandezelekeni. UThixo olungileyo ngokuqinisekileyo uya kukukhathalela. Sqale kancinci kunye nosizi silusizana kwaye ukanti uThixo ebesoloko esinceda kwilixa lethu lokuswela. Kuyinyani, kuye kwafuneka ndizibhokoxe ukuze ndifumane uncedo kwaye bendingenakhala nokubandezeleka, kodwa ngaba bekungafanelekanga ukuba sikwenze ngovuyo ukuzincama ngenxa ka Yesu kwaye sibonise intando yethu elungileyo? Usinceda sinyamezele: Uyakhathala kwaye uyasomeleza.

### **Umthandazo**

Ezulwini Bawo ndiyabulela ngomsebenzi wobabalo lwako ebomini Bomama Bernarda. Ngokuthethelela kwakhe ndicela isibindi kunye nomonde ekubandezelekeni nasekuncedeni kule mfuno yam yangoku. Uduviso malube kuYise nakunyana nakuMoya ongcwele. Amen

### **Usuku Lwesixhenxe**

Umother Bernarda ukhuselekile Gokuthembeka Kweimmense Kwimibonelelo kaThixo mama uBernarda wayenamandla angaqhelekanga okunyamezela ngaphakathi kuba wayezaliswe lukholo kulwalathiso lukaThixo. Olu kholo lwave Iwavavanywa ngokuqatha xa, kwisiqingatha sonyaka emva kwesiseko, uFather Theodosius wayengavunyelwanga ngumphathi wakhe ukuba angabinanto yokwenza neziko. Kwidayari yakhe uMother Bernarda ubhale wathi: 'Ukusukela ngalo mzuzu

ukuya phambili uMlawuli wethu ebengasenalo uvuyo lokuqhubeka nomsebenzi uqalwe kakuhle kwaye ngokuzinikela okukhulu. Njani kwiakhawunti; Sibeke

Umother Bernarda a ukhuselekile ngokuthembeka kweimmense kwimibonelelo kaThixo mama uBernarda wayenamandla angaqhelekanga okunyamezela ngaphakathi kuba wayezaliswe lukholo kulwalathiso lukaThixo. Olu kholo Iwaye Iwavavanywa ngokuqatha xa, kwisiqingatha sonyaka emva kwesiseko, uFather Theodosius wayengavunyelwanga ngumphathi wakhe ukuba angabinanto yokwenza neziko. Kwidayari yakhe uMother Bernarda ubhale wathi: 'Ukusukela ngalo mzuzu ukuya phambili uMlawuli wethu ebengasenalo uvuyo lokuqhubeka nomsebenzi uqalwe kakuhle kwaye ngokuzinikela okukhulu. Njani kwiakhawunti; Sibeke ithemba lethu kuThixo, samkela nakule Ntando yakhe ingcwele. Kwaye ucinga ukuba uza ku-odela konke kuzuko IwaKhe nokulunga.

### **Umthandazo**

Bawo waseZulwini, ndiyabulela ngomsebenzi wobabalo Iwakho kubomi bukaMama Bernarda wandise intembeko yam kubabalo Iwakho ebomini bukaMother Bernarda. Yandisa ukuthembela kwam kwinceba yakho enobulumko kwaye undinike uncedo ngoncedo lukaMother Bernarda Uncedo kwisidingo sam esikhulu. Udumiso malube kuYise, nakunyana nakuMoya ongcwele. Amen

## **Usuku Iwesibhozo**

UMother Bernarda phantsi komqondiso wenkululeko. Abo babaziyo ubomi bukaMama Bernarda ngokusondeleyo bayazi ukuba kwakungaphezu koxanduva lonke ebandleni kwiimeko ezinzima ezazisinda kakhulu kuMama Jikelele oselula kwaye ekukuphela kwakhe ekufuneka ethwale ixesha elide. Abo babemiselwe ukuba bamxhase, baba nguDade weBhunga lakhe. Iminyaka elishumi elinesithandathu ndihlupheke ngelixesha kwaziwa nguThixo. Ndiyathemba ukuba uyakuyamkela njengesihlawulelo sezono zam ezininzi kunye nokusilela.

## **Umthandazo**

Bawo waseZulwini, ndiyabulela ngomsebenzi wobabalo lwakho kubomi bukaMother Bernarda. Ndincede ukuba ndiwuqonde ngcono umnqamlezo wam njengophawu lwentlawulelo kwaye ndizuze ubabalo lokuwuthwala ngomonde. NgoMother Bernarda ndincoma ngokuzithemba kuni ukukhathalela kwam kunye neenjongo zam. Uдумисо malube kuYise, nakunyana nakuMoya ongcwele. Amen

## **Usuku Iwethoba**

UMother Bernarda kunye nebandla lakhe. Into yokuba usapho lwenkolo kaMother Bernarda nayo yabekwa ngendlela ethile phantsi komqondiso woHlawulelo yayithuthuzela oodade ababenamava kunyaka wokuqala wobomi babo ngokufanayo, unyaka ophawulwe yintlupheko ekrakra. Ngenxa yoko bazinika igama 'Oodade

boMnqamlezo oyiNgcwele'. Kunye noMother Bernarda bathwala ngenkalipho nangokuthembeka umthwalo onzima wonyaka olandelayo ingakumbi ukungakhathali okubuhlungu koMsunguli webandla emva kokuba oobhishophu baseBasle noChur benike isigqibo sabo ngokuchasene nomanyano loodade benceba kunye nooSista abafundisayo. Ukanti baqhube ka nokufumana rhoqo kwaye kwakhona intsikelelo yomnqamlezo. Ukanti baqhube ka nokufumana rhoqo kwaye kwakhona iintsikelelo zomnqamlezo. Kwaye ke ngo-1855 OMNYE uBernarda angabhalela uBhishophu uCarl Arnold 'Iziko libulela izulu ngokhuseleko Iwalo olubonakalayo neentsikelelo zalo'.

### Umthandazo

Bawo waseZulwini, ndiyabulela ngomsebenzi wobabalo Iwakho ebomini bukaMother Bernarda kwaye ndikucenga ukuba undincede ndithwale umnqamlezo wam ukuze ube lusindiso Iwam. Uдумiso malube kuYise, nakunyana nakuMoya ongcwele. Amen



Imifanekiso yobom buka mamaBernarda, eshicelelwe kwiifestile zendlwana apho allele khona.